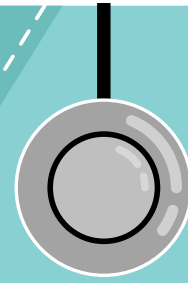
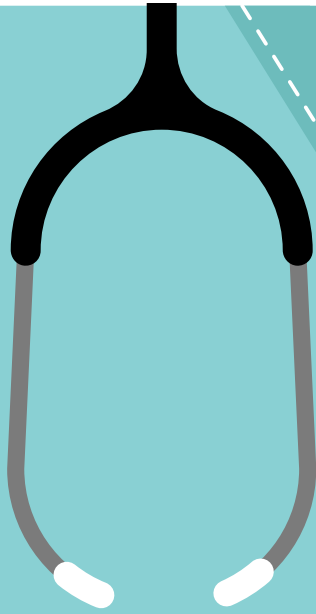


NEWSLETTER



CELEBRATING THE POWER OF NURSES! NATIONAL NURSES WEEK: MAY 6-12

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference. A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!





HAPPY BIRTHDAY

RESIDENTS

Pedro F.	05/06
Elvira B	05/09
Amelia B	05/22

STAFF

Lexus Black	05/15
Bianca Martinez	05/20
Lyric Zamora	05/22
Frieda Zavadil	05/24

Activity Highlights

Taco Tuesdays @ 9:00 AM

Movie Pickle & Popcorn

Wednesdays @ 2:00 PM

Ice Cream Socials

Thursdays @ 2:00 PM

Happy Hour Fridays @ 2:00 PM

Cinco de Mayo Celebration

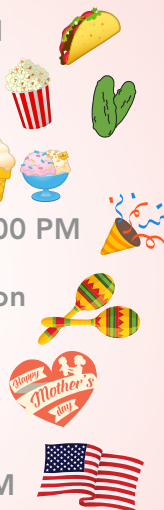
May 5, 2025 @ 2:00PM

Mother's Day Serenade

May 11, 2025 @ 9:00 AM

Memorial Day Prayer

May 26, 2025 @ 10:00 AM



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

The 2025 theme for National Skilled Nursing Care Week (NSNCW), *Tapestry of Life*, celebrates the rich and diverse stories that come together in skilled nursing care. Each resident, family member, caregiver, and staff member contributes a unique thread, woven into a shared fabric of resilience, connection, and compassion. Skilled nursing centers are more than places of care—they are vibrant communities where experiences intertwine, memories are cherished, and lives become forever woven together to make it a thriving community.

Now through May 11–17, families, residents, and staff are encouraged to celebrate this theme by weaving together traditions, experiences, and shared moments. Create a memory display with short reflections on paper strips or build a chain story where each person adds a personal touch to a fun, evolving tale. Share favorite songs, reminisce about concerts, and enjoy a group listening session. Spread kindness through small gestures like painting rocks, writing heartfelt notes, or crafting word clouds. Design a patchwork of fabric, photos, or decorated paper to visually capture the connections that unite us. Coming together for a shared meal can also be a meaningful way to bond—enjoying favorite dishes, exchanging stories, and celebrating the traditions that shape each person's journey.

Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.

ACTIVITY HIGHLIGHTS





HEAT AWARENESS REMINDERS

National Heat Awareness Day is observed annually on the third Friday in May, which is just about when the weather begins to get warm and people start to plan and attend outdoor events. To protect yourself from the heat, try these tips:

Try to avoid direct sunlight. The body regulates heat through sweating. If exposed to excessive heat, the body cannot regulate its temperature effectively.

- **Stay hydrated.** Be sure to drink water throughout the day to help regulate your temperature.
- **Replenish electrolytes.**

Electrolytes help the body regulate muscle function and energy. These minerals can be found in sports drinks.

- **Wear sunscreen, sunglasses, and wide-brim hats** to protect your face and eye from damaging UV rays.
- **Wear light-colored clothes.** Light colors reflect sunlight away while dark clothes absorb sunlight.
- **Never leave children, pets, or people in a parked car for any length of time** (even in low to mild heat) to prevent hyperthermia, the overheating of body, which can be fatal.

Source: weather.gov

Stroke Awareness: Learn to Act F.A.S.T.

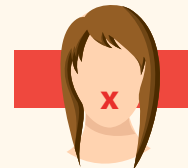
Acting F.A.S.T. can help stroke patients get the treatments they need. Treatments that work best are available only if the stroke is recognized and diagnosed within three hours of the first symptoms.



F — Face: Ask the person to smile. Does one side of the face droop?



A — Arms: Ask the person to raise both arms. Does one arm drift downward?



S — Speech: Ask the person to repeat a simple phrase. Is the speech slurred or strange?



T — Time: If you see any of these signs, call 9-1-1 right away.

Source: cdc.gov

Resident of the Month



April Employee of the Month



Employee of the Year





3801 CIMARRON BOULEVARD
CORPUS CHRISTI, TEXAS 78414

Admissions: 361.993.8500

Fax: 361.993.4004

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ASSISTANT DIRECTOR OF NURSING

Totsy Carrion

ACCOUNTS PAYABLE

Stephanie Brown

DIRECTOR OF ADMISSIONS

Veronica Lopez

DIRECTOR OF BUSINESS DEVELOPMENT

Kim Ponce

BUSINESS OFFICE MANAGER

Anita Buenrostro

MDS/CASE MANAGER

Blanca Esquivel

WOUND CARE NURSE

Dee Thompson

DIETARY MANAGER

Victoria Flores

REHAB DIRECTOR

Anastasia Filmore

SOCIAL WORKER

Eva Perez

ACTIVITY DIRECTOR

Vincent Salas

MAINTENANCE DIRECTOR

Freida Zavadiil

MEDICAL RECORDS

Melissa Cisneros

CENTRAL SUPPLY

Anna Ortiz

HOUSEKEEPING SUPERVISOR

Tony Zamora-Kershaw

TALENT AND LEARNING DIRECTOR



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

T	W	C	C	K	K	P	T	P	B	U	K	P	D	G
I	A	E	I	K	C	N	Y	M	V	P	G	F	N	F
V	F	P	U	N	H	E	Y	W	H	T	P	L	K	F
S	E	J	E	K	C	E	L	C	W	F	U	O	Z	B
D	T	R	M	S	W	O	A	E	X	D	K	W	K	R
R	A	R	W	C	T	B	J	T	B	Y	A	E	Y	H
C	H	T	O	P	T	R	I	H	S	R	G	R	T	O
L	N	Z	Y	K	J	K	Y	L	F	B	A	S	I	N
C	P	S	V	I	E	E	Z	V	C	T	F	T	K	O
S	W	O	M	E	N	B	R	E	M	E	M	B	E	R
T	F	T	Y	M	O	T	H	E	R	S	M	C	Y	U
M	M	P	Y	E	F	V	T	N	U	R	S	E	S	G
S	Y	F	R	P	R	E	S	S	U	R	E	W	Q	O
X	G	U	Z	C	O	N	N	E	C	T	C	D	N	V
I	O	P	C	Z	N	Y	C	Q	W	E	A	V	E	I

WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN